



**Stafford Manor**  
High School

# **Year 9 Summer Term 1**

## **Core Knowledge**

- Art
- Biology
- Chemistry
- Design Technology (DT)
- Digital Communications
- English
- French
- Geography
- History
- Maths
- Performing Arts
- Physical Education
- Physics
- SEL
- Textiles

## 1. Describe why presentation is important.

- ✿ How we present work can demonstrate professionalism.
- ✿ We present our analysis in a way that is appropriate for the different medias used.

## 2. Why is it important to complete a mock GCSE project?

- ✿ To prepare you for your GCSE's, even if you decide not to choose Art, it is skills that can be used in other subjects.

## 3. Describe what a record board is.

- ✿ A board that shows how you can draw, what medias you are capable of using and how you challenge yourself with them.

## 4. What must be included in a successful record board:

- ✿ A title of the relevant board.
- ✿ A selection of at least x5 high quality drawings in different medias.
- ✿ Annotations based on the drawings. Always using the guidance booklet to assist you.



## 5. Key word definitions:

- ✿ **Composition:** How different elements are combined.
- ✿ **Contemporary:** Art made today by living artists.
- ✿ **Contour:** the artist outlines the shape / mass of an object.
- ✿ **Curling:** Strips of paper that are rolled/looped to create shapes
- ✿ **Geometric:** Using shapes to create a piece of art
- ✿ **Overlapping:** Placing objects over one another to create depth.
- ✿ **Perspective:** Gives art a 3D look.
- ✿ **Realistic:** Subjects painted from everyday life.
- ✿ **Shading:** Darkening of a drawing to show depth.
- ✿ **Soft edged:** Indicates a gradual or smooth transition.
- ✿ **Symmetry:** Involves mirroring of portions of an image.

## 1. What is Mitosis?

- ✿ Mitosis is cell division which produces **two genetically identical** daughter cells from one cell. The cells produced are **diploid** (have 23 chromosomes.)
- ✿ Mitosis is used for growth and repair and asexual reproduction.
- ✿ It happens in every cell in the body excluding the gametes.

## 2. What are the stages of mitosis?

### ✿ **IPMAT**

Interphase → Prophase → Metaphase → Anaphase → Telophase

## 3. What are specialised cells?

- ✿ Cells that have undergone **differentiation** to become specialised.
- ✿ Specialised cells are specially adapted so they can carry out specific jobs.
- ✿ Examples of specialised cells include red blood cells, white blood cells, sperm cells, egg cells, ciliated epithelial cells.
- ✿ Plant cells also have specialised cells – these include root hair cells, palisade cells, Xylem cells and phloem (sieve and companion cells.)

## 4. What are stem cells?

- ✿ Stem cells are cells that have not undergone differentiation. They are useful as scientists can direct them to grow into any type of cell they want.
- ✿ Embryonic stem cells can differentiate into any type of cell
- ✿ Adult stem cells can differentiate into a small number of cells, dependent on where the stem cell is located.

## 5. How do plants grow?

- ✿ **Cell division, Cell elongation and Differentiation.**
- ✿ Mitosis (cell division) happens in specific regions of plants known as the meristem, these are found in the tip of roots and shoots.
- ✿ Cells that are found in the meristem can differentiate into any types of plant cell. This is why plants can regrow shoots/stems if they break.

## 6. Uses of stem cells

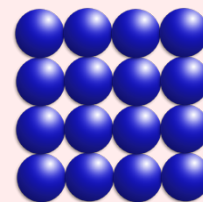
- ✿ Produce cells required for bone marrow transplants.
- ✿ To grow organs required for medical transplants.
- ✿ Medical research.

# CHEMISTRY

SUMMER TERM 1 (CONTENT FROM SPRING TERM 2)

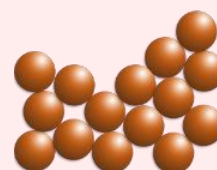
## 1. What is the movement and arrangement of particles in a solid?

- ✿ **Movement:** Vibrating about a **fixed position**
- ✿ **Arrangement:** **Regular** pattern and **touching**



## 2. What is the movement and arrangement of particles in a liquid?

- ✿ **Movement:** Can move / **flow**
- ✿ **Arrangement:** **Random** pattern and **touching**



## 3. What is the movement and arrangement of particles in a gas?

- ✿ **Movement:** Moving fast in **all directions**
- ✿ **Arrangement:** **Random** pattern and **not touching**



## 4. What are the main state changes?

- ✿ **Melting:** Solid turning into a liquid (e.g. ice melting)
- ✿ **Freezing:** Liquid turning into a solid (e.g. water turning into ice)
- ✿ **Evaporating:** Liquid turning into a gas (e.g. water turning into steam)
- ✿ **Condensing:** Gas turning into a liquid (e.g. condensation on windows)

## 5. What happens when a state change graph goes flat?

- ✿ **Melting** / **Boiling** are occurring.
- ✿ Energy is being used to break the **intermolecular** forces

## 6. What do the words '**pure**' and '**mixture**' mean?

- ✿ **Pure:** Only one chemical (e.g. pure water)
- ✿ **Mixtures:** More than one chemical not bonded together (e.g. salt water)

## 7. What do the words '**soluble**' and '**insoluble**' mean?

- ✿ **Soluble:** Something that will dissolve (e.g. salt)
- ✿ **Insoluble:** Something that will not dissolve (e.g. sand)

## 1. What does ASCII stand for and what is it?

ASCII (American Standard Code for Information Interchange) is a character set used to represent English keyboard characters.

## 2. What is the difference between ASCII and Extended ASCII?

- ❖ ASCII is a 7-bit set of codes that allows 128 different characters and is only used for the English language.
- ❖ Extended ASCII code is an 8-bit character set that represents 256 different characters, making it possible to use characters such as é or © so is useful for European languages

## 3. What is UNICODE?

Unicode can represent up to 65,000+ characters. This is enough characters to hold all the current languages spoken in the world in one place and is commonly used across the internet.

## 4. What is a pixel?

Pixel or picture element is a single dot of colour in a digital bitmap image or on a computer screen.

## 5. What affects an images quality?

Image quality is affected by the resolution of the image.

- ❖ In a low-resolution image, the pixels are larger so fewer are needed to fill the space. This results in images that look blocky or pixelated.
- ❖ An image with a high resolution has more pixels, so it looks a lot better when you zoom in and is better quality. The downside of having more pixels is that the file size will be bigger.

## 6. What is sample rate and how does it affect sound quality?

- ❖ The number of samples recorded in any given period of time.
- ❖ Sample rate is measured in hertz. 1 Hz is one sample per second.
- ❖ The higher the sample rate, the closer the recorded signal is to the original so it is better quality.

# DESIGN TECHNOLOGY

SUMMER TERM 1 (CONTENT FROM SPRING TERM 2)

## 1. How will I ensure quality with my product?

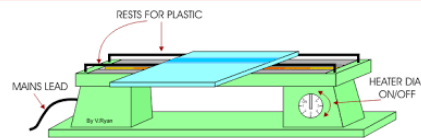
- ❖ **Visual checks** – comparing with an exemplar piece
- ❖ **Measurement checks** – compared against dimensioned drawings
- ❖ **Physical inspection** – touch can be used to inspect a surface for imperfections

## 2. Surface finishing method?

- ❖ Sand all surfaces smooth with glass paper
- ❖ Ensure surfaces are free of dirt or saw dust
- ❖ Apply a primer paint using a brush in thin layers, allow for drying and possible sanding back between layers
- ❖ Once primed apply chosen colour in even layers with brush, allow for drying and possible sanding back between layers
- ❖ In some cases a clear coat sealant may be applied

## 3. Forming polymers with heat?

- ❖ In order to bend Acrylic it is necessary to apply heat. This is done with a strip heater.



## 4. What are some Tier 3 terms I need to know?

- ❖ **Quality control** – this is a series of checks to ensure the product turns out as intended
- ❖ **Refinement** – where the quality or standard of the work is improved by small steps
- ❖ **Surface Prep** – where the surface of the product is smoothed/cleaned in preparation for finishing
- ❖ **Surface Finish** – the external final coating applied to a product i.e. paint, plasti-coat, varnish, etc.
- ❖ **Application** – when a finish is put on to the surface of the product
- ❖ **Evaluation** – where the product is tested and measured against success criteria
- ❖ **Specification** – a list of points/success criteria that the end product must or should comply with.

**1. What is enjambment?**

- ❖ The continuation of a sentence or phrase from one line of poetry to the next.

**2. What is caesura?**

- ❖ A pause near the middle of a line.

**3. In the poem 'Valentine' what does the onion symbolise?**

- ❖ It symbolises a positive aspect of love - honesty and optimism, often experienced at the beginning of a relationship.

**4. What is the poem 'Bedecked' about?**

- ❖ Gender and identity - The speaker criticises people's judgement on her son, as he does not conform to societal standards.

**5. What is a metaphor?**

- ❖ A metaphor is a figure of speech that compares two unrelated things, by stating that one thing is another.

**6. What are structural features in poetry?**

- ❖ the shape of the poem on the page
- ❖ the number and lengths of stanzas
- ❖ the number and lengths of lines
- ❖ the number of beats and rhythm of words in each line
- ❖ the pattern of rhymes, if any
- ❖ the use or non-use of punctuation
- ❖ whether the poem has a set form or not

**7. What is 'free verse'**

- ❖ a poetic style that does not feature a set rhythm or rhyme scheme.

## 1. Which verb helps form the near future tense ?

- 🌀 Aller + infinitive

## 2. I go, you go, he / she goes

- 🌀 Je vais, tu vas, il/elle va

## 3. vouloir: to want to Complete the verb paradigm for je (I), tu (you sing.), il / elle (he, she)

- 🌀 Je veux; tu veux; il / elle veut

## 4. pouvoir: to be able to (can) Complete the verb paradigm for je (I), tu (you sing.), il / elle (he, she)

- 🌀 Je peux; tu peux; il / elle peut

## 5. devoir: to have to (must) Complete the verb paradigm for je (I), tu (you sing.), il / elle (he, she)

- 🌀 Je dois; tu dois; il / elle doit

## 6. What kind of structure are near future and modal verbs + infinitive?

- 🌀 Two verb structures

## 7. Describe how to form a two verb structure

- 🌀 Short form / conjugated verb + long form / infinitive

## 8. Make these negative:

### Positive:

- 🌀 Tu dois prendre le bus (you have to get the bus)
- 🌀 je peux faire mes devoirs (I can do my HW)
- 🌀 il veut jouer au handball (he wants to play handball)

### Negative:

- 🌀 Tu ne dois pas prendre l'autobus (you musn't take the bus)
- 🌀 je ne peux pas faire mes devoirs (I cannot do my HW)
- 🌀 il ne veut pas jouer au handball (he doesn't want to play handball)



## 1. What are cold environments?

- Areas that experience temperatures that are at or below **zero** degrees Celsius.

## 2. Characteristics of cold environments are:

- Polar
- Tundra

## 3. Where is Svalbard?

- Svalbard is a Norwegian territory in the Arctic Ocean.

## 4. What are the opportunities for development in Svalbard?

- Mineral extraction
- Energy developments
- Fishing
- Tourism

## 5. What are the challenges for development?

- Extreme temperatures
- Construction
- Services
- Accessibility

## 6. What biomes are found within Russia?

- Tundra
- Taiga
- Temperate forest
- Steppe
- Mountain

## 7. How many time zones are in Russia?

- 9 time zones

## 1. What is a democracy?

- A system of government by the whole population, typically through elected representatives

## 2. What is a dictatorship?

- A government by a dictator where they make the rules without input from anyone else

## 3. What is communism?

- A political theory in which all property is owned by the state and each person contributes and receives according to their ability and needs

## 4. What is fascism?

- An authoritarian and nationalistic system of government

## 5. Which country became communist in 1917?

- Russia

## 6. What did Germany have to accept the blame for in the Treaty of Versailles?

- Starting the First World War

## 7. When did Hitler become German chancellor?

- 30 January 1933

## 8. When did Hitler invade the Rhineland?

- 1936

## 9. Which country did Hitler unite Germany with in 1938?

- Austria

## 10. Which part of Czechoslovakia did Britain give to Hitler in Sept. 1938?

- The Sudetenland

## 11. When did Germany invade Poland?

- 1 September 1939

## 12. What was the Blitz?

- The bombing of British cities by Nazi Germany

## 13. When was D-Day?

- 6 June 1944

## 14. On which country were the first atomic bombs used?

- Japan

# MATHEMATICS

SUMMER TERM 1 (CONTENT FROM SPRING TERM 2)

## 1. Key word definitions:

 **Numerator:** The number on the top of the fraction

 **Denominator:** The number on the bottom of the fraction

## 2. What are equivalent fractions?

Equivalent fractions have the same value but are represented with different numbers.

## 3. How do you add/subtract with fractions?

You can only add or subtract fractions when they have the same denominator. (You will need to convert the fractions first if they are not the same)

## 4. What are the seven key equivalent FDP?

<b>Fraction</b>	$\frac{1}{2}$	$\frac{1}{4}$	$\frac{1}{5}$	$\frac{1}{8}$	$\frac{1}{10}$	$\frac{1}{20}$	$\frac{1}{100}$
<b>Decimal</b>	0.5	0.25	0.2	0.125	0.1	0.05	0.01
<b>%</b>	50%	25%	20%	12.5%	10%	5%	1%

## 5. What is a multiplier?

The decimal equivalent of a percentage.

Multiply an amount by a multiplier to calculate a percentage of an amount.

## 6. How do you find the multiplier for a percentage increase?

$(100 + \text{percentage}) \div 100$

## 7. How do you find the multiplier for a percentage decrease?

$(100 - \text{percentage}) \div 100$

## 8. How do you find the original amount?

Divide by the multiplier that had been used.

## 9. What is VAT?

VAT stands for value added tax, and is an amount of money paid to the government on items that you might buy.

# PERFORMING ARTS

SUMMER TERM 1 (CONTENT FROM SPRING TERM 2)

## 1. How are the following techniques used in performances?

- ✿ **Naturalism:** A style of performance where actors and designers try to create the illusion that what is happening on stage is 'reality'.
- ✿ **Target Audience-** Who the play was intended for
- ✿ **Protagonist-** The good guy/Main character
- ✿ **Antagonist-** The bad guy/ Evil Villain
- ✿ **Props-** Short for properties and used in performances like a hair brush, mop, books etc.
- ✿ **Project-** To project your voice so you can be heard
- ✿ **Multi-role playing:** An actor plays multiple characters.
- ✿ **Fourth Wall:** An imaginary wall between the actor and the audience.

## 2. What are "genres" in performing arts?

- ✿ The genre refers to the type or style.

### Examples:

- |             |            |            |
|-------------|------------|------------|
| ✿ Action    | ✿ Musical  | ✿ Sci-fi   |
| ✿ Adventure | ✿ Mystery  | ✿ Soap     |
| ✿ Comedy    | ✿ Romantic | ✿ Thriller |
| ✿ Drama     | ✿ Romantic | ✿ Tragedy  |
| ✿ Horror    | ✿ Comedy   |            |

## 3. What are "themes" in performing arts?

- ✿ Themes refer to what the performance is about.

### Examples:

- |            |             |              |
|------------|-------------|--------------|
| ✿ War      | ✿ Sacrifice | ✿ Desire     |
| ✿ Crime    | ✿ Death     | ✿ Jealousy   |
| ✿ Bullying | ✿ Love      | ✿ Witchcraft |
| ✿ Revenge  | ✿ Hate      | ✿ Magic      |

## 4. How can we be safe when performing?

- |  |  |
|--|--|
| ✿ Listen to instructions.                            | ✿ Ensure the stage is clicked together properly.   |
| ✿ No running in the drama space.                     | ✿ Be aware of the space on the stage. Do not step back without checking how close you are to the edge. |
| ✿ No eating.   | ✿ Ensure backstage is clear of obstructions.   |
| ✿ Ensure equipment is put away.                      | ✿ Tape any wires down- trip hazard.  |
| ✿ Be careful when using props especially breakables. |  |
| ✿ Ensure the space is clear of obstructions.         |  |

# PHYSICAL EDUCATION

SUMMER TERM 1 (CONTENT FROM SPRING TERM 2)

## 1. Aerobic and Anaerobic Respiration

**Aerobic Exercise:** Aerobic means "with oxygen". This occurs when blood is carried through your vessels to deliver oxygen to the muscles to keep you moving.

**Anaerobic Exercise:** Anaerobic means "without oxygen". Short, high intensity exercise that produces lactic acid as the body cannot get enough oxygen.

## 2. Training Methods

- ✿ **Interval:** Work-rest cycles.
- ✿ **Continuous:** No rest, steady pace.
- ✿ **Fartlek:** Varying speed & terrain.
- ✿ **Cross:** Mixed training styles.
- ✿ **Circuit:** Exercise stations, different muscle groups.
- ✿ **Weight:** Progressive resistance lifting.
- ✿ **Flexibility:** Ballistic, Static, or PNF.
- ✿ **Plyometric:** Jumping, then immediate jump.
- ✿ **Speed Training:** Hollow sprints, acceleration, interval training.

## 3. How to take your pulse rate:

Gently place 2 fingers of your other hand on this artery.  
Do not use your thumb, because it has its own pulse that you may feel.  
Count the beats for **30 seconds**, and then **double** the result to get the number of beats per minute.

## 4. Fitness Tests

- ✿ **Muscular Endurance:** Repeated muscle use (1-Min Sit-Up & Press-Up Test).
- ✿ **Cardiovascular Endurance:** Sustained whole-body exercise (Cooper 12-Min, Multi-Stage, Harvard Step Test).
- ✿ **Muscular Strength:** Max force in one contraction (Grip Dynamometer).
- ✿ **Flexibility:** Joint movement range (Sit & Reach Test).
- ✿ **Body Composition:** Fat vs. fat-free mass (BMI).
- ✿ **Agility:** Quick direction change (Illinois Agility Run).
- ✿ **Balance:** Stability control (Stork Balance Test).
- ✿ **Coordination:** Smooth multi-body part movement (Alternate Hand Wall Toss).
- ✿ **Power:** Strength × Speed (Vertical Jump Test).
- ✿ **Reaction Time:** Response speed (Ruler Drop Test).
- ✿ **Speed:** Movement from A to B (30m/40m Sprint Test).

# PHYSICS

SUMMER TERM 1 (CONTENT FROM SPRING TERM 2)

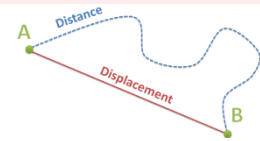
## 1. What are scalar and vector quantities?

- Scalar quantities** have a **size** (magnitude) but **no direction**.
- Vector quantities** have **both size and direction**.

Examples of scalar quantities:	Examples of vector quantities:
Distance (m), Speed (m/s) Time (s), Energy (J), Mass (kg)	Displacement (m), Velocity (m/s), Acceleration (m/s <sup>2</sup> ), Force (N), Weight (N), Momentum (kg·m/s)

## 2. Vector V Scalar

- Distance** and **displacement** are both measured in **meters**, distance is how far the journey is, and displacement is the distance covered, and the direction travelled, in a straight line.
- Speed** and **velocity** are both measured in **metres per second**, speed is how far moved every second & velocity is speed in a certain direction.



## 3. What is speed?

- Speed tells us how far an object is travelling every second.
- $\text{Speed} = \text{distance} \div \text{time}$

- Some **typical** speeds are:

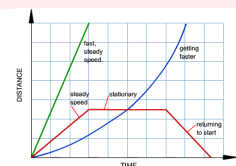
Walking	Running	Cycling	Cars in town	Car on the motorway	Trains
1-3 m/s	3-6 m/s	7-10 m/s	13 m/s	31 m/s	55 m/s

## 4. How can we investigate speed?

- We measure speed by measuring distance and time.
- We often use a ruler for measuring distances. For longer distances we may use a tape measure or a trundle wheel.
- We often use a stopwatch to measure time but a light gate can measure time, especially for faster speeds, with much more accuracy.

## 5. How do we read distance-time graphs?

- A **horizontal** line tells us that the object is **stationary**.
- A **straight sloping** line tells us the object has a **steady speed**.
- A **steeper line** indicates a **higher speed**.
- A **curved line** tells us that the **speed is changing**.

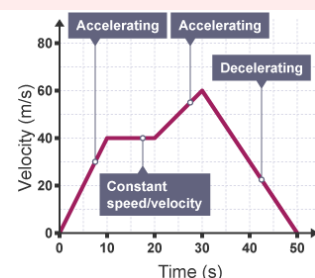


## 6. How do we calculate acceleration?

- Acceleration is the rate of change of velocity (how quickly velocity is changing).
- $\text{Acceleration} = \text{change in velocity} \div \text{time}$
- The **acceleration** due to **gravity**, '**g**', on Earth is **10 m/s<sup>2</sup>**.

## 7. How do we read velocity-time graphs?

- A **horizontal** line tells us the object is travelling at a **constant speed**.
- A **straight sloping** line tells us the object is **accelerating** at a steady rate.
- A **steeper line** indicates **higher acceleration**.
- A **curved line** tells us the **acceleration is changing** (getting steeper = increasing acceleration).





SUMMER TERM 1 (CONTENT FROM SPRING TERM 2)

## 1. What is meant to by consent?

- When a person agrees by choice, and has the freedom and capacity (ability) to make that choice.

## 2. What is the legal age of consent in the UK?

- Sixteen

## 3. Before being intimate with a partner, the individual should consider the following:

- |  |   |
|--|---|
| <ul style="list-style-type: none"><li>Age</li><li>Contraception</li><li>Am I physically and emotionally ready?</li><li>How will it impact my relationship?</li></ul> | <ul style="list-style-type: none"><li>Trust</li><li>Sexual history of your partner</li><li>Is it the right thing to do?</li></ul> |
|--|---|

## 4. Factors that may impact someone's ability and capacity to give or withdraw consent include:

- |  |   |
|--|---|
| <ul style="list-style-type: none"><li>Drugs and Alcohol</li><li>Age</li><li>Learning difficulty/disability</li></ul> | <ul style="list-style-type: none"><li>Being threatened</li><li>Manipulation</li><li>Unconsciousness</li></ul> |
|--|---|

## 5. Examples of sexually transmitted infections (STI) include:

- |   |   |
|---|---|
| <ul style="list-style-type: none"><li>Chlamydia</li><li>Gonorrhoea</li><li>Genital Warts</li><li>Syphilis</li></ul> | <ul style="list-style-type: none"><li>Pubic Lice</li><li>Genital Herpes</li><li>HIV</li></ul> |
|---|---|

## 6. Different types of contraception include:

- |   |   |
|---|---|
| <ul style="list-style-type: none"><li>The Pill</li><li>Contraceptive Patch</li><li>Contraceptive Injection</li><li>Contraceptive Implant</li><li>Plastic IUD &amp; IUS</li><li>Copper IUD</li></ul> | <ul style="list-style-type: none"><li>Male Condom</li><li>Female Condom</li><li>Diaphragm/Cap</li><li>Fertility Awareness</li><li>Sterilisation/Vasectomy</li></ul> |
|---|---|

## 7. Before using a condom you must ensure you check:

- Use by/Expiry date
- That it has a European (CE) or UKCA mark
- The packet/condom is not damaged or ripped
- The condom is not put on inside out



## 1. Artist information – Micha Bulter

Micha Bulter is a free-lance craft artist from Norwich in the UK who sells her work online.

She has a page on Etsy where she takes commissions.

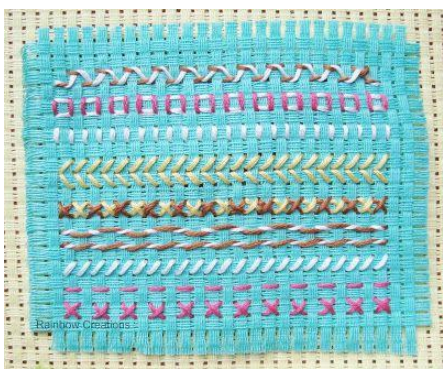
Her work involves accessorises with **embroidery** and **cross stitch**. Her most successful work is **binca bookmarks**.

Her work involves a variety of embellishment and hand sewing techniques.

She uses natural fabrics such as binca.

Cotton Binca Fabric is **composed of 100% cotton** and is 50cm wide.

Cotton Binca is a superior quality embroidery fabric suitable for creating a wide range of embroidery and cross stitch designs.



## 2. What is embroidery?

- ✿ Embroidery is the craft of decorating fabric with needle and thread to create patterns or designs.



## 3. What is a cross stitch?

- ✿ Cross stitch is a form of embroidery where X-shaped stitches are used to form a grid pattern and create detailed designs.

