



Year 7/8/9 PE Assessment 1

Where to gain information:

You can use Key Stage 3 Bitesize to gain practical knowledge for each of the different activities by going to the links below:

Table tennis - <https://www.bbc.co.uk/bitesize/topics/z8rcg82>

Athletics - <https://www.bbc.co.uk/bitesize/topics/z3sfnbk>

Tennis - <https://www.bbc.co.uk/bitesize/topics/z3gcg82>

Cricket - <https://www.bbc.co.uk/bitesize/topics/z3nsp39>